

The Georgia Center for Resources and Support and *Region 14*

presents

Calming Strategies for Coping with Uncertain times



Lynn Watts, Ed.S.
Certified DISC
Trainer
Business Coach and
Author of
Wyatt the Wonder Dog
Book Series

Region 14— Virtual Regional Training

Date: Thursday, October 1, 2020

Time: 7:00-8:30 PM

[Click Here to Register](#)

All participants should register separately even if you will be listening on the same device..

1.5 hour Training Certificate
MUST RSVP by
September 28th

Description: Times have changed in ways that no one expected. Everyone has experienced loss and frustration. Anxiety is at an all-time high. How do you maintain calm in such an uncertain world? How do you parent children who don't understand the changes? Join us for **Calming Strategies for Leading during Uncertain Times**. Session includes the creation of a family mission statement.

Join us for Calming Strategies for Leading during Uncertain Times.

For further information contact: Debra Suzette Brown at 404-550-2537 or debra.brown@gacrs.org or info@gacrs.prg