



Book Review

Fantastic Antone Grows Up

Edited by Judith Kleinfeld with Barbara Morse and Siobhan Wescott

Fantastic Antone Grows Up is an overview of experiences that adolescents and young adults face in their quest for independence and self-sufficiency. This book also addresses how some young adults with Fetal Alcohol Syndrome (FAS) deal with the challenges of life. It is a sequel to *Fantastic Antone Succeeds*, which deals with younger children and the people who care for them. It is a must read because it takes readers from the beginning stages of FAS (as a young child), and continues into adulthood.

Fantastic Antone Grows Up covers a variety of issues that young adults face such as understanding their sexuality, transitioning into high school, and the physical realities of FAS. The book contains actual pictures of a brain scan from a child with FAS. There is also a chart that illustrates the way people may perceive the child's behavior, versus what is actually going on in the child's mind regarding his or her actions.

As a parent of a child with FAS, these two books have been a great resource for our family in understanding our son. The different experiences that are shared in these books are from other parents of children and young adults with FAS. As I was reading this book, I could see my son. It was comforting to know that other parents were going through or have been through similar incidents with their FAS child. I was able to gain insight on how to deal with certain situations that my child is facing and will face in the future. As my child grows, I will definitely be able to use this book as a reference on how to cope with his changes.

This book defines what success can mean for a young adult with FAS. As a parent, it gives you hope for a brighter future for your child through the various accounts of success. This book also has a variety of resources and strategies that I have found very useful.

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