



Book Review

ALL KINDS OF MINDS: A Young Student's Book about Learning Abilities and Learning Disorders

By Dr. Mel Levine

I have selected a wonderful book to review for you. For all families who have a child who learns differently, this is absolutely one of the best books for you to read with or to your child. I have an adult son who learns differently. However, this book did not become available until he was fifteen years old. At that time, we both read it and we both thought, “this is a great book for young children (7 to 11 years of age) who are trying to understand why they learn the way they do when it comes to reading, thinking, talking, and so on.” How I wish I’d had this book along with my other resources when my son was 7 years old.

All Kinds of Minds informs the reader that there are different kinds of learning disorders. Dr. Levine covers six of the most common ones in his book. He reviews attention deficit, reading disorder, memory problems, language disorder, social skills, and motor skills in his book. Many children, who have one of these learning differences, have at least one or two more.

Dr. Levine, through his book has a unique and wonderful way in which he describes how different minds work and that it is okay to have a mind that is not the same as your friend. This book helps parents and the young child acquire a greater understanding of how their mind is working. It is a very positive book that promotes feeling “okay” about the way your mind works. Dr. Levine’s writing is very clear and easy to understand. Children will see themselves in the different students with different minds that Dr. Levine describes throughout the book.

This book is a quick read for adults and children. It is so simplistic in its presentation of the material, but the reader will take away so much after reading this book. Dr. Levine ends the book on a positive note, reminding us that there are All Kinds of Lives. There are all kinds of jobs to be done in our world, thus it’s a good thing that we have All Kinds of Minds! An added bonus...Dr. Levine tells us about his learning struggles as a young child too and how he went about resolving them.

I highly recommend that parents who have young children with learning challenges read this book with and to their child. This is also a great book for the siblings and/or grandparents to read to increase their level of understanding of different minds too.

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