



## **Book Review**

### **The Blending of Foster and Adopted Children**

Heather Lear Wagner

This book helps the teen understand what it means to be part of a foster or adoptive family. It carefully outlines the struggles that the teen must work through as they face life altering changes. It speaks to their need to belong and to feel apart of something wholesome, stable and consistent- a Family.

Although their journeys take a different course, the adopted or foster teen both share feelings of uncertainty. The adopted child seeks answers to his past while the foster child raises questions about his future.

Ms. Wagner helps the teen understand that even though they did not create the circumstances that rearranged their lives, there are tools to help them rise above up them.

In either situation, the child who joins a family or the child who is placed with one will face similar challenges. They will seek acceptance, respect and appreciation for who they are and the person they can become.

The author offers teen's guidance and understanding, as they search for self identity and ways that the family can be the start of a brand new beginning.

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