



Book Review

Book Title: “Mom, Dad....I’m Pregnant”

Author: Jayne E. Schooler

This book’s title is deceiving. It isn’t just about how to handle yourself if faced with the possibility of an unplanned pregnancy with one of your children, but about how to view this crisis from all angles. It comes from a Christian standpoint, and moves the reader to try to understand the feelings and potential choices available to not only their child, but to themselves. It offers information on dealing with your child’s decision to parent, abort or make a plan of adoption for the unborn child, and gives first person insight into working through all of the feelings that go with each decision. It explores the option of open adoption as well, giving birth grandparents an avenue of contact with the child they very often did not know was available.

Additionally, this book shares in candid detail how to “break the news” to extended family, neighbors and friends, all of whom can provide support and encouragement, although they are not always initially seen in this way. There are several resources and support groups listed throughout this book that focus on information regarding unplanned pregnancy, post-abortion services and support, and resources for grandparents who choose to raise their grandchildren. It is a wealth of information, and offers direction, guidance and hope for your family’s future in this crisis situation.

Shannon Hoy
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Reviewer